

Les 6 étapes du lavage des mains



au
moins

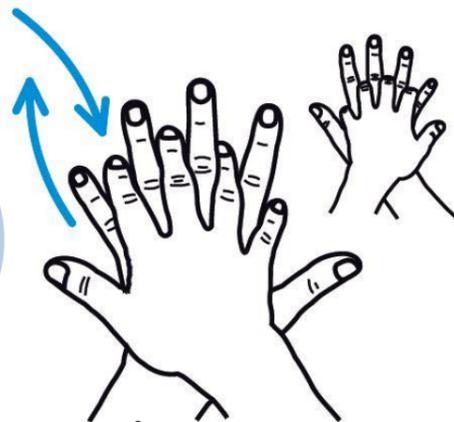
30 secondes

1



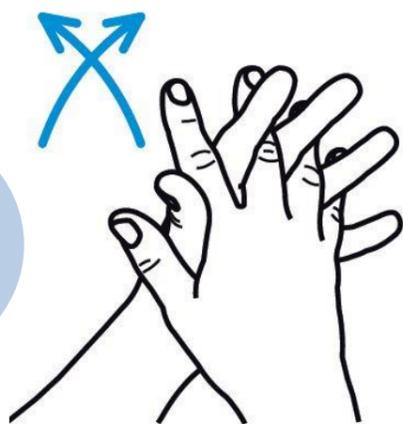
les paumes

2



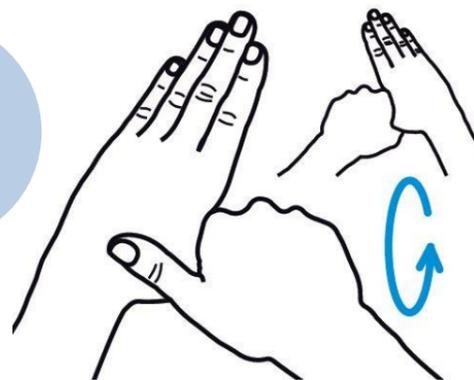
le dos des mains
et des doigts

3



entre les doigts

4



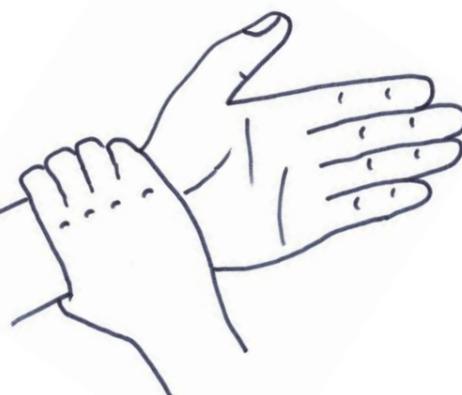
les pouces

5



la pulpe des doigts
et les ongles

6



les poignets