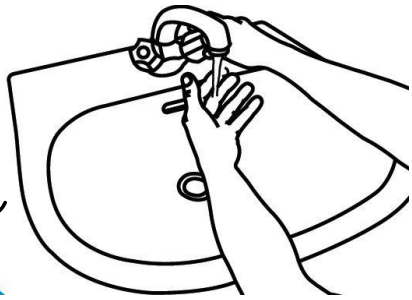
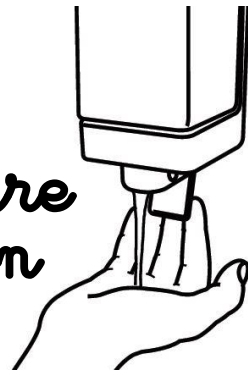


Comment bien se laver les mains

D'abord,
mouiller ses
mains



et prendre
du savon



au
moins
30 secondes

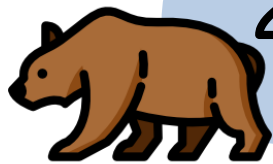
Ensuite, bien **frotter** ses mains



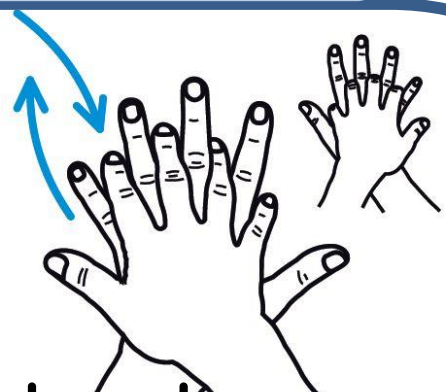
1



les paumes



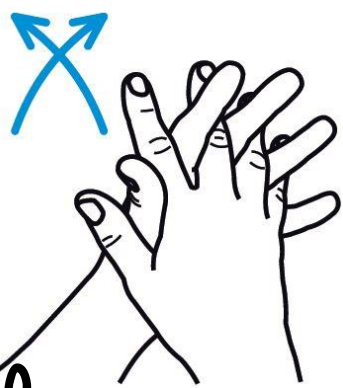
2



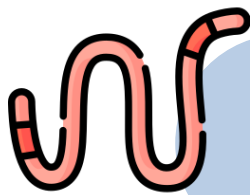
le dos des mains
et des doigts



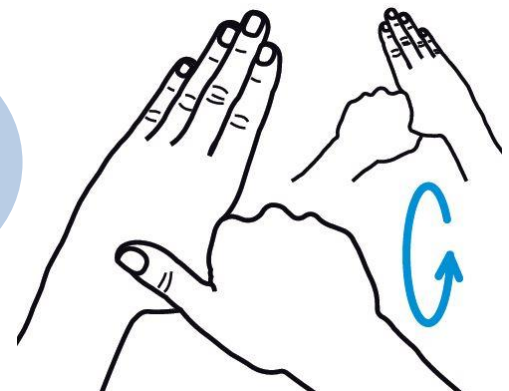
3



entre les doigts



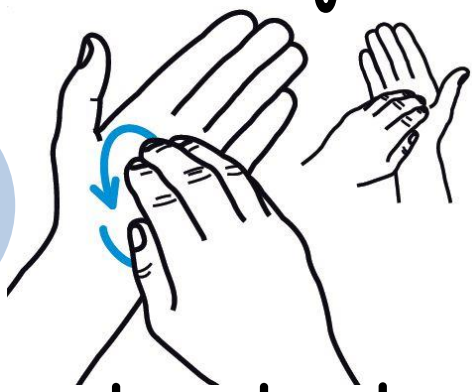
4



les pouces



5



la pulpe des doigts
et les ongles

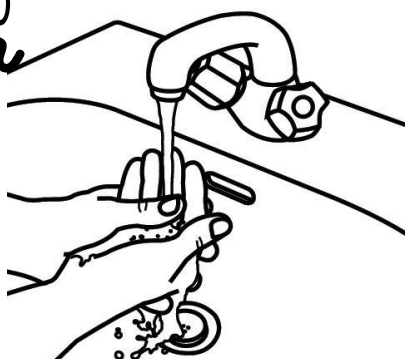


6



les poignets

Pour finir,
rincer



essuyer
avec un
papier



fermer le robinet
avec le
papier

